



TTA Covid-19 Emergency Preparedness Plan

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Introduction: TTA Covid-19 Emergency Preparedness Plan- Phase I

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Dear TTA Community,

Over the last three months, the world has been turned upside down. This has been a difficult time for everyone: mentally, physically, emotionally, financially and spiritually. There is no roadmap on how we are supposed to deal with the current state of affairs and we are all trying our best to navigate daily to get the most positive outcome.

One thing that is universally agreed upon is that people are missing human interaction and want to return to some sense of routine—knowing that “normal” is going to look very different for an extended period of time. Adjusting and adapting has always been one of TTA’s strengths and has allowed us to serve the community for almost two decades. Now more than ever, we are called upon to re-create ourselves to continue that tradition.

We are excited to announce TTA’s Emergency Preparedness reopen plan. Working daily with sanitation and health experts, the plan’s goal is to implement strategy procedures and safety measures that create a safe environment to resume our program. The following plan outlines a zero contact, no shared equipment Phase I model, based on the guidelines issued by the State of California.

Our Phase I plan currently meets and/or exceeds all guidelines put in place by the State of California and the CDC. The plan conforms to and combines State and Federal health guidelines while including CDC guidance for overall procedures.

Our program format has changed in line with the current guidelines and we have laid out the structure in this document. Getting this information out prior to reopening will get everyone educated on the steps TTA has taken to create the safest environment possible for your family and our coaches. This should allow adequate time to make the most informed decision about returning and which program works best for your family.

We look forward to seeing you,



Tony Freccero
TTA Director

Important Updates

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All activities in **PHASE I** will focus on individual skill development, done so with respect to physical/social distancing. Please see the list of updated changes:

- Zero contact training: no games, no physical competitive situations, no physical competitive play
- No shared equipment
- No high fives, handshakes, dabs or physical contact between players or between players/coaches

Government Requirements

TTA meets and/or exceeds all regulations put forth by the State of California and the CDC regarding Child Care and Summer Camps.

| State Requirements | TTA |
|---|---|
| Stable Groups of 12 or Fewer | Max Group Size: Oakland : 8 San Ramon : 6 |
| Staff to Child Ratio (mixed age) 1:6 | Staff to Child Ratio: Oakland 1:4 San Ramon 1:3 |
| Groups Do Not Intermingle with Other Groups | Zero Interaction Between Groups |
| Not Allowed to Operate at 100% Capacity | Classes: Operating at 20-30% Capacity Mini-Camps: Operating at 13-20% Capacity |

Important Notes and Procedural Changes

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- 1) Anyone with a temperature above 100.4 degrees Fahrenheit, a constant cough, runny nose and/or sneezing will be asked not to enter the facility and return home
- 2) If you have been diagnosed with or have been in contact with anyone known to be diagnosed with COVID-19 and/or may be showing symptoms, we ask that you please wait two weeks from first contact to attend
- 3) Only participating students and coaches will be allowed into the facility. Parents will be asked to remain outside the facility and continue to physically/socially distance
- 4) Must bring your own basketball with student's name clearly marked
- 5) Bathrooms will be available on an **emergency basis only**
- 6) Water will *not* be available/provided. Please bring your own sanitized reusable water bottle
- 7) No other equipment or items will be allowed into the facility, unless for health reasons (asthma inhaler, EpiPen, insulin, medication, etc.)
- 8) Only one parent/guardian allowed to accompany students to check in

Our scheduling will be ultra-flexible concerning quickly changing conditions. If you arrive and cannot complete your program for any of the reasons above, we will gladly reschedule for you to ensure the safety of everyone.

Sanitation Steps and Procedure

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**Anyone with a temperature above 100.4 degrees Fahrenheit, will be asked not to enter the facility and return home

Please Complete Steps Below Before Arriving To Facility- All Family Members

- 1) Take temperature**
- 2) Wash hands for a minimum of 20 seconds
- 3) Wipe down the soles of shoes with a disinfectant wipe
- 4) Wash outside of reusable water bottle
- 5) Adults—bring a mask for yourself—must be worn at all times
- 6) Use the bathroom

Upon Arrival: Before Entering Facility

- 1) Arrive 15 minutes prior to the start of your class
- 2) Walk up and hand coach your basketball to disinfect and temperature will be taken with a no touch thermometer**
- 3) Parent and student will be asked to return to their car until the start of class

Entrance Procedure

- 1) Wash hands with provided hand sanitizer
- 2) Shoe soles and water bottle sprayed with disinfectant
- 3) Enter facility

Entering Facility

[Please Click Here to View Floor Layout](#)

- 1) Students enter and will be instructed to go to a designated hoop/box where their sanitized basketball will be waiting
- 2) Students will have their own hoop/box area to keep physical/social distancing while being instructed by TTA Coach
- 3) All Programs will be a total of 1 hour and 20 minutes in length (80 minutes total)
- 4) If at any time a student needs to cough or sneeze, we ask that they quickly move outside to do so

Exiting Facility- End of Workout

- 1) Coach will take ball to disinfect
- 2) Students gather their belongings
- 3) Students are instructed to exit, one by one

Exit Procedure

- 1) Exit Facility
- 2) Wash hands with provided hand sanitizer
- 3) Shoe soles and water bottle sprayed with disinfectant
- 4) Walk to car where parents will be waiting

Facilities will be sanitized in between sessions.

All doors in the facilities will be open at all times to maximize air flow.

TTA Staff and Training

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**Coach with a temperature above 100.4 degrees Fahrenheit, will be asked not to enter the facility and return home

Our coaches are committed to providing the highest quality instruction to our students, with safety being our top priority. TTA has enacted a zero-contact training model, including how coaches interact with students. Coaches will keep adequate distance at all times and all teaching/corrections will be zero-contact and done from the designated spaces created.

Multiple coaches will be on site at any given time to provide a smooth transition to our zero-contact model.

Our staff will:

- 1) Be fully trained on the safety and sanitation procedures
- 2) Take temperature prior to each shift and post it for all families to view at check in**
- 3) Coaches will wear mask and gloves during check in
- 4) Wash hands in between sessions or anytime shared contact may occur
- 5) Keep a minimum of 8-10 feet of separation to physically/socially distance during the Classes and Mini-Camps

Participation and Liability

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Given the current circumstances, TTA will be offering our programs to all families that would like to attend and willingly participate. Your attendance is 100% voluntary and families assume all risks involved with attending Semi-Private classes and/or Mini-Camps.

TTA cannot be held liable if you or your child contract COVID-19. We will complete all steps covered in this plan to the best of our ability and will provide a safe environment for students to resume zero contact basketball related activities. We ask that all families follow State and CDC guidelines when not with TTA to help ensure the safety of everyone involved.

All families will be required to sign a waiver releasing TTA from all COVID-19 liability while acknowledging that participation is at your own risk. Oakland participants will be required to sign an additional waiver releasing Golden Gate Academy (Northern California Conference of Seventh-Day Adventists) from all liability.

Your Choice

If you have a credit with us, we completely understand if you are not yet comfortable participating. You **do not** have to use your credit for offered programs. Your credit is good for 5 years for any of our programs and is fully transferrable.

How it Works

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We are happy to be offering two separate programs: Semi-Private Classes and Mini-Camps at our Oakland and San Ramon Facilities. With the safety guidelines adhered to, our new programming will operate at a significantly reduced capacity to allow for a safe and comfortable transition back into group activities.

There will be no game or physical competitive play, programs will focus solely on skill development. Our offerings will be just as effective in teaching the game and improving the skills of our students, as our core principles have not changed. Coaches will be able to provide detailed feedback to each child due to the decrease in class size and small coach to student ratio. All programs will have TTA's renowned focus on fun, personal connection (not physical) and the highest standard of teaching.

Priority for programs will first go to those who already enrolled in our cancelled spring season or summer camps. They will have 2 days, once we open up the schedule for registration, to book time slots. After 2 days, we will open it up to our entire database.

Program Descriptions

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[Click Here to View Floor Layout- Hoop Area and Box Area](#)

Semi-Private Classes

Structured similar to our weekly classes, students will come the same day/time ONCE per week. Each 1 hour and 20-minute (80 minutes total) class will incorporate the most important skills for overall skill development, with half the time being spent in hoop area and half the time in box area.

Mini-Camps

Structured similar to our normal week-long camps, students will come the same day/time for 5 consecutive days. Each day will have a specific skill/learning theme and be set in a fun and energetic environment. Mini-Camps will be 1 hour and 20 minutes (80 minutes total) and consist of a mix of teaching, skills and zero-contact games and competition. Half the time will be spent in hoop area and half the time spent in box area.

Samples of Activities Within Boxes

Hoop Area Activities

- Shooting
- Offensive Moves
- Finishing Moves
- Attack Moves
- Free Throws
- Form Shooting

Box Area Activities

- Ball Handling
- Footwork
- Conditioning
- Defensive
- Jump Stops and Pivots
- Triple Threat Moves

Oakland: Mon, Tues, Wed, Thurs, Fri (until 7pm) and Sun
San Ramon: Mon, Tues, Wed, Thurs, Fri, Sat and Sun
Alameda: Not offering classes at this time as we are not sure of Bladium’s reopen plan. Alameda students can attend Oakland and/or San Ramon Locations

| Color | Type | Days | Details | Format |
|--------------|----------------------|-------------|--|---|
| Green | Mini-Camps | Mon-Fri | Attend same day/time daily for entire week Each day will have a skill/learning theme | 80 minutes daily for one week Mix of teaching, skills and zero contact games and competition—just like our camps |
| Blue | Semi-Private Classes | Mon-Sun | Attend same day/time ONCE per week Skill workouts incorporating the most important drills for overall development Can add multiple days/week | 80 minutes once per week <ul style="list-style-type: none"> • 30-40 Minutes Hoop Work • 30-40 Minutes Ball Handling/Footwork • 10-20 minutes of zero contact competitions • Similar Format to our normal group glasses |

Sample Schedule

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| SAMPLE DAY 1 | | | | |
|--------------|------------|----------|--------------|-------|
| Session | Start Time | End Time | Class | Ages |
| 1 | 8:30am | 9:50am | Mini Camp | 6-8 |
| 2 | 10am | 11:20am | Mini Camp | 8-11 |
| 3 | 11:30pm | 12:50pm | Mini Camp | 8-11 |
| 4 | 1pm | 2:20pm | Mini Camp | 10-12 |
| 5 | 2:30pm | 3:50pm | Semi-Private | 5-6 |
| 6 | 4pm | 5:20pm | Semi-Private | 6-8 |
| 7 | 5:30pm | 6:50pm | Semi-Private | 8-11 |
| 8 | 7pm | 8:20pm | Semi-Private | 10-12 |

| SAMPLE DAY 2 | | | | |
|--------------|------------|----------|--------------|-------|
| Session | Start Time | End Time | Class | Ages |
| 1 | 8:30am | 9:50am | Mini Camp | 6-8 |
| 2 | 10am | 11:20am | Mini Camp | 8-11 |
| 3 | 11:30pm | 12:50pm | Mini Camp | 8-11 |
| 4 | 1pm | 2:20pm | Mini Camp | 10-12 |
| 5 | 2:30pm | 3:50pm | Semi-Private | 6-8 |
| 6 | 4pm | 5:20pm | Semi-Private | 8-11 |
| 7 | 5:30pm | 6:50pm | Semi-Private | 10-12 |
| 8 | 7pm | 8:20pm | Semi-Private | 12-14 |

| SAMPLE DAY 3 | | | | |
|--------------|------------|----------|--------------|-------|
| Session | Start Time | End Time | Class | Ages |
| 1 | 8:30am | 9:50am | Mini Camp | 6-8 |
| 2 | 10am | 11:20am | Mini Camp | 8-11 |
| 3 | 11:30pm | 12:50pm | Mini Camp | 8-11 |
| 4 | 1pm | 2:20pm | Mini Camp | 10-12 |
| 5 | 2:30pm | 3:50pm | Semi-Private | Teams |
| 6 | 4pm | 5:20pm | Semi-Private | Teams |
| 7 | 5:30pm | 6:50pm | Semi-Private | Teams |
| 8 | 7pm | 8:20pm | Semi-Private | Teams |

Credits

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| |
|--|
| Spring Group Class Credit |
| <p>You will receive Five (5) Individual Classes or One (1) Week of Mini-Camp</p> <ul style="list-style-type: none">• Classes: Must attend same day/time for five (5) consecutive weeks in either Summer Session I or Summer Session II• Camps: Choose the week you would like to attend and you will come at the same time daily, Monday-Friday |
| Summer Camp Credits |
| <p>You will receive Two (2) Weeks of Mini Camp per camp registration</p> <ul style="list-style-type: none">• Choose any two (2) weeks of Mini Camps you would like to attend and you will come at the same time daily, Monday-Friday |
| Team Credit |
| <p>Will be determined on a per family basis depending on your overall credit amount. Separate Semi-Private Classes will be set up with your coach</p> |

Given the nature of the situation, we completely understand if you are not yet comfortable participating. You **do not** have to use your credit for offered programs, your credit is good for 5 years for any of our programs and is fully transferrable.

If you decided to make a donation in lieu of taking a credit thank you SO much. You can see the program fees below.

Program Cost

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Semi-Private Fees

Similar to our normal group class schedule where you attend weekly. We will be offering two (2) summer sessions: Summer Session I (May 30th-July 3rd) and Summer Session II (July 6th-August 9th)

- Attend once per week at the same day/time
- Five (5) Total Classes
- Coach to Student Ratio: Oakland 1:4 | San Ramon 1:3
- Cost: \$175

Mini-Camp Fees

Similar to our normal camps where you attend daily

- Attend five (5) consecutive days at the same day/time
- Five (5) total mini-camp days
- Coach to Student Ratio: Oakland 1:4 | San Ramon 1:3
- Cost: \$175

Floor Layout

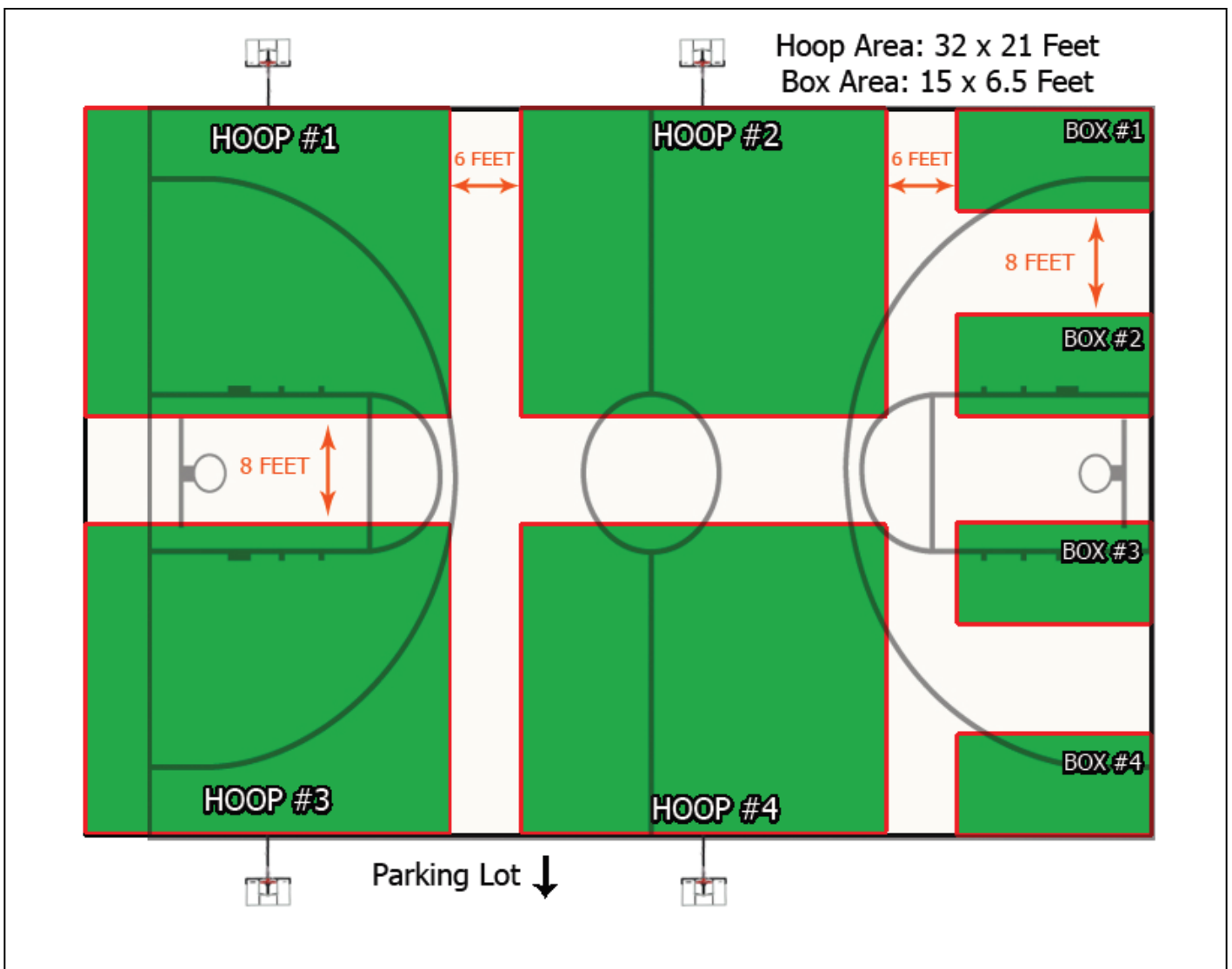
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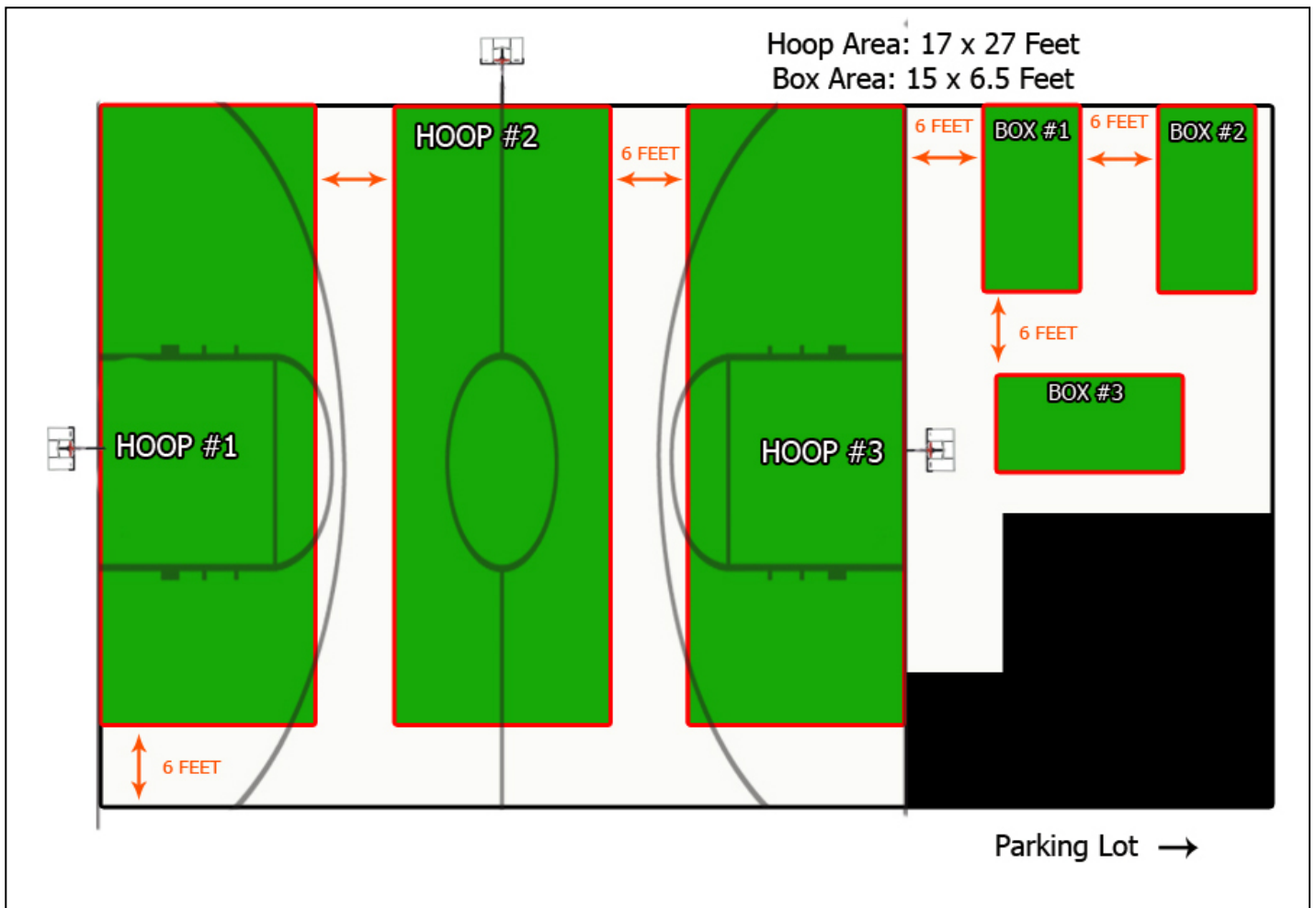
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Each facility will have clearly marked sections to allow for maximum physical/social distancing. For both mini-camps and semi-private classes, each student will be assigned to their space in the gym. Each student will spend half their time in a hoop area and the other half in a box area. Adequate spacing for coaches will allow movement for distanced instruction without getting in close contact the students.

Oakland- 3800 Mountain Blvd



San Ramon- 23 Beta Court, Suite D



Thank you. Please don't hesitate to contact us with any questions or concerns. We will announce reopen dates and sign up procedures in the coming weeks.